



Humber Teaching NHS
Foundation Trust

A state-of-the-art in-patient facility has been unveiled in Hull, providing support for young people aged between 13 and 18 with severe and complex mental health issues.

The new £7.8 million, city centre facility named 'Inspire' is run by Humber Teaching NHS Foundation Trust. The Trust engaged with young people and their families as well as consulting with partners such as Teal LifeCare, who supplied specialist furniture throughout the new unit, helping to create a bright, therapeutic environment which aids the treatment of young people with psychosis, eating disorders and severe anxiety.

Furniture installed by Teal is appropriate for the environment, with robust, secure construction, anti-ligature features and additional weighting to help maximise safety and limit misuse, helping to support both the 60-strong specialist staff in the delivery of care and the mental health and emotional wellbeing needs of young people and their families.

Teal's contemporary furniture ranges work in harmony with the artwork and colour schemes to create uplifting and interesting spaces, including a communal lounge, dining areas, sensory room and the aromatherapy suite. Durable, healthcare appropriate fabrics and finishes were used throughout, with bold accents of lime and blue set against a warm neutral backdrop.

This exciting new development is consistent with the priorities of the new NHS 10 year plan and has been commissioned in response to a national shortage of CAMHS beds. As an established Improving Access to Psychological Therapies (IAPT) site the 13-bed unit delivers an excellent standard of inpatient care and includes nine general adolescent beds and a 4 bedded psychiatric intensive care unit (PICU).

